









WHAT TO EXPECT FROM THIS REPORT

Overall ZQ Score at a glance

Page 2

provides a snapshot of your overall ZQ score on the date of issuing this report. Your grades are mapped to CIFR levels grades A1 to D2.

Overview

Page 4

shows the summary of ZQ nine dimensions and your overall level of achievement. It also shows the dimensions that you did well in and the ones you still need to work on.

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■ZQ mapped to the NEP 2020

Pages 6-7

provide a score across the three categories of the NEP 2020: affective, psychomotor and cognitive. The Zamit dimensions and the skills and abilities they cover are aligned with the categories defined by the NEP 2020.

CIFR introduction

Page 5

Provides you with an overview of the CIFR framework and a link to the official document for more details.



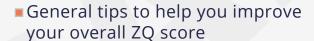
Pages 8-9

provide a score across the three categories of the NEP 2020: affective, psychomotor and cognitive. The dimensions and the skills and abilities they cover are aligned with the categories defined by the NEP 2020.

ZQ explained

Pages 10-18

provide a detailed overview of the skills measured under each dimension, your scores, your personalised feedback, tips for improvement, graphs showing your six-month progress and your current place on a national level.



Page 20

provides you with general tips for improving your overall ZQ score and gives you valuable guidance about becoming future-ready.

Next steps

Page 19

shows your four-step personalised Zamit journey, provides you with a link to complete your ZQ portfolio and enables you to book an appointment with a ZQ facilitator to discuss your report and seek advice.

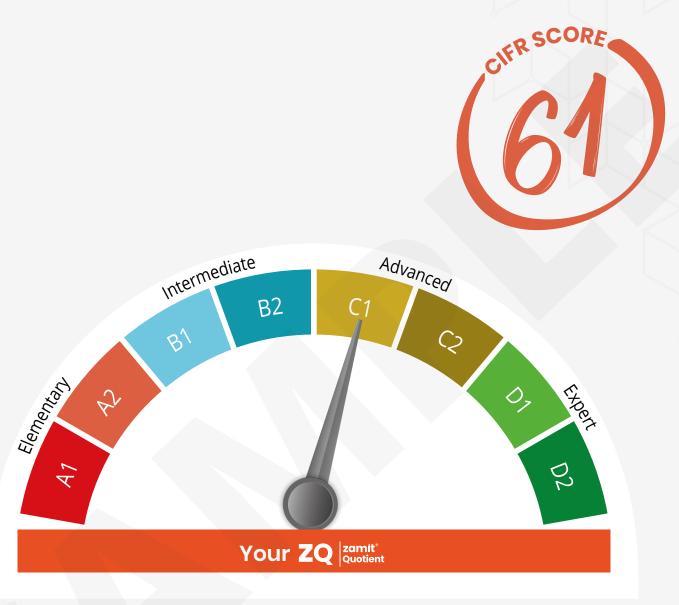






zam

Let's begin...



Disclaimer - ZQ analysis is adaptive and covers over seventy skills. The final ZQ scores are calculated only after the analyses for all nine dimensions are complete.



^{*}Common International Framework of Reference for Future Readiness is the world standard for Future Readiness Skills - www.thecifr.org





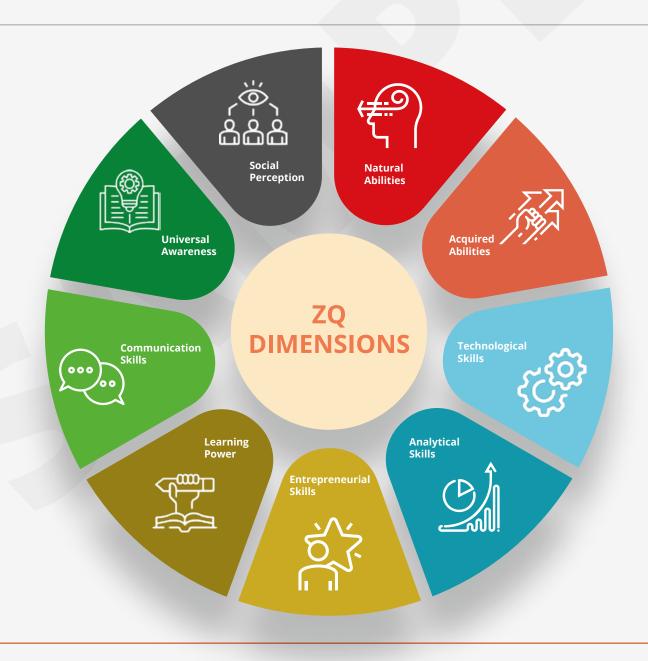
OVERVIEW

Congratulations on your ZQ score! You can consider this an important step towards taking control of your future. We have noticed that you are doing well in the following dimensions:

- Acquired Abilities
- Technological Skills
- Analytical Skills
- Learning Power
- Communication Skills
- Universal Awareness

Please note that there are a few areas which still need your attention:

- Natural Abilities
- Entrepreneurial Skills
- Social Perception







CIFR INTRODUCTION

The Common International Framework for Reference for Future Readiness (CIFR) is a comprehensive framework developed by international experts to evaluate individuals' preparedness for the future.

The CIFR for Students establishes a foundation for measuring and enhancing integrated skills across diverse subjects and fields, accounting for a student's overall learning power, natural and acquired abilities, analytical, technological and entrepreneurial skills, communication proficiency, universal awareness and social perception. This framework organizes over seventy skills into nine distinct groups known as the Nine Dimensions for Students.

Using 'can do' statements, the CIFR describes future readiness across eight levels within each dimension. The CIFR scale ranges from A1 for basic skills to D2 for advanced abilities, offering extensive coverage accessible to individuals and educators alike.

Beyond its contributions to the school ecosystem, the CIFR for Students helps parents in preparing their children for the future. It stands as a comprehensive tool for fostering a holistic and globally relevant approach to education.





MAPPED TO THE NEP 2020



Cognitive | Score: 50 | B1

Acquired Abilities



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Let's begin...

- Lateral thinking
- Questioning skills

Technological Skills

- Ability to programme and code
- Awareness of emerging and future technologies



- Cyber-security skills
- Digital communication skills
- Digital presence
- Hardware proficiency
- Software proficiency

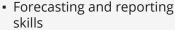
Entrepreneurial Skills

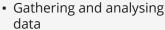


- Business awareness and opportunity
- Critical thinking

Analytical Skills









- Identifying relevant information and data
- Knowledge integration skills
- Problem-solving skills
- Research skills
- Visualisation skills

Communication Skills



- Academic Communication Skills
- **Oral Communication**
- Written communication skills



Learning Power

- Cognitive flexibility
- Mindfulness

Universal Awareness

- Cultural agility and tolerance
- Environmental awareness
- Financial awareness
- Global awareness
- Good citizenship
- Health awareness
- Legal awareness



Psychomotor | Score: 63 |



Acquired Abilities

Autonomous learning



Technological skills

Using technological tools with ease



Communication Skills

- Presentaion and public speaking skills
- Non-verbal and cross-cultural communication skills























ZQ MAPPED TO THE NEP 2020



Affective | Score: 58 | B1

Natural Abilities

- Fearlessness and courage
- Flexibility and adaptability
- Happiness and enthusiasm
- Intuitiveness and spontaneity
- Honesty and integrity
- Kindness and helpfulness
- Motivation
- Self-esteem and confidence



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Let's begin...

Communication Skills

- Active listening skills
- Visual communication skills



Universal Awareness

- Cultural agility and tolerance
- Good citizenship

Entrepreneurial Skills

- Assertiveness and negotiation skills
- Customer service
- Organisational skills
- Project management and financial skills
- Risk-taking and decision-making skills
- Time management skills

Acquired Abilities

- Embracing change
- Interpersonal skills
- Leadership and managerial skills
- Resourcefulness
- Social responsibility

Learning Power

- Curiosity
- Collaboration
- Creativity
 - Empathy
 - Foresight and proactivity

 - Mindfulness
 - Self-awareness















MAPPED TO THE IB



Thinking Skills | Score: 46 | B1



am

Let's begin...

Acquired Abilities

- Lateral thinking
- Questioning skills
- Resourcefulness

Analytical Skills

- Computational thinking
- Knowledge integration
- Problem solving skills
- Visualisation skills



Technological Skills

Ability to programme and

Entreprenurial Skills



- Business awareness and opportunity recognition
- Critical thinking



Universal Awareness

- Environmental awareness
- Financial awareness
- Global awareness
- Health awareness
- Legal awareness



Learning Power

- Cognitive flexibility
- Creativity



Communication Skills| Score: 51 |



Technologicsal Skills

- Digital communication skills
- Digital presence



Analytical Skills

Forecasting and reporting

Communication Skills

- Active listening skills
- Oral communication skills
- Visual communication skills Written communication skills
- Academic communication skills
- Presentation and public speaking skills
- Non-verbal and cross-cultural communication skills



Social Skills | Score: 53 | A2



Natural Abilities

Kindness and helpfulness

Acquired Abilities

- Interpersonal skills
- Leadership and managerial skills
- Autonomous learning
- Social responsibility



Entrepreneurial Skills Assertiveness and

negotiation skills

Customer service



Learning Power

Collaboration

Empathy



Communication Skills

Active listening skills



Universal Awareness

- Cultural agility and tolerance
- Good citizenship































MAPPED TO THE IB

Let's begin...



Self-management Skills | Score: 67 | C2

Natural Abilities

- Fearlessness and courage
- Flexibility and adaptability
- Happiness and enthusiasm
- Intuitiveness and spontaneity
- Honesty and integrity
- Kindness and helpfulness
- Motivation
- Self-esteem and confidence



Acquired Abilities

Embracing change

Entreprenurial Skills

- Organisational skills
- Project management and financial skills
- Risk-taking and decision-making skills
- Time management skills

Learning Power

- Curiosity
- Foresight and proactivity
- Grit
 - Mindfulness
 - Self-awareness



Research Skills | Score: 62 | B2

Technological Skills

- Awareness of emerging and future technologies
- Using technological tools with ease
- Cyber-security skills
- Hardware proficiency
- Software proficiency

Analytical Skills Gathering and analysing



- Identifying relevant information and data
- Research skill



Communication Skills

Academic communication skills



























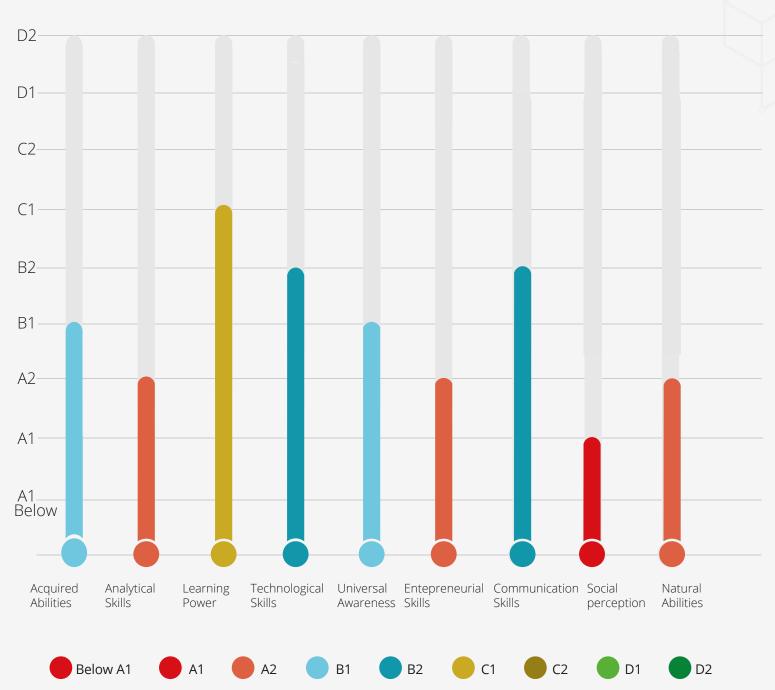






YOUR OVERALL ZQ ANALYSIS

Your ZQ analysis report shows your ZQ score in various dimensions.







Natural Abilities



Your score: 41 Your grade: A2

Natural abilities are inherent qualities that make certain tasks easier or more difficult for individuals.

ZQ strands measured

- Fearlessness and courage
- Flexibility and adaptability
- Happiness and enthusiasm
- Intuitiveness and spontaneity
- Honesty and integrity
- Kindness and helpfulness

Motivation

Self-esteem and confidence



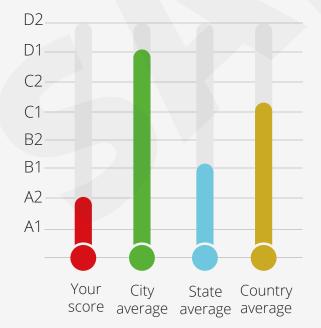
Your personalised feedback

You've recognised and comprehended a number of your inherent talents, which you can depend on when facing the tasks of your daily life.

How to improve your natural abilities

Recognise your natural abilities and make the most of them by learning to use them to your advantage. Be aware of your strengths and weaknesses and accept constructive criticism. Follow your gut instinct more often, make new friends and try to be helpful, kind and honest at all times. Regularly review your goals and progress, keep the momentum up and celebrate your progress.

Your overall performance







A1

A2



B2



C2

D1





Acquired Abilities



Your score: 51 Your grade: B1

Acquired abilities are talents and capabilities learnt through education or experience that enhance an individual's performance.

ZQ strands measured

- Embracing change
- Lateral thinking
- Interpersonal skills
- Leadership and managerial skills
- Autonomous learning
- Questioning skills
- Resourcefulness
- Social responsibility



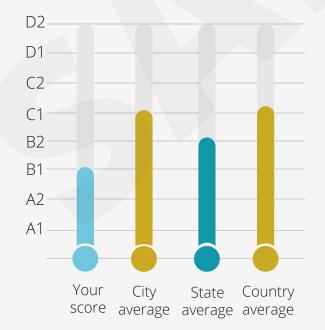
Your personalised feedback

While you still need assistance with more advanced activities, you can demonstrate certain abilities on your own and your determination to enhance your range of skills is growing.

How to improve your acquired abilities

Make friends with people of different ages, backgrounds and cultures. Visit new places and embrace new cultures, traditions and habits. Volunteer for social causes, help others and do the right thing by everyone. Cultivate a positive outlook, practise empathy and discipline and inspire and listen to others. Set up and follow a daily study routine, test yourself and switch on your five senses when solving problems.

Your overall performance







1

A2

) - E

B2

D.





Technological Skills



Your score: 64 Your grade: B2

Technological skills refer to skills used to complete tasks using computer-based and other associated technologies.

ZQ strands measured

- Ability to programme and code
- Awareness about emerging and future technologies
- Using technological tools with ease
- Cyber-security skills
- Digital communication skills
- Digital presence
- Hardware proficiency
- Software proficiency

Your personalised feedback

You can show competence in various technological skills and are familiar with a wide range of technologies beyond just the basics.

How to improve your technological skills

Subscribe to technical sites and magazines and keep up-to-date with emerging and future technologies. Don't ignore cyber safety and security, take classes and try and hang out with technophiles Make an effort to use tech for a school project and create a digital presence for yourself. Learn to program and code and create social media posts, your own public profile or even a website or game.

Your overall performance



Below A1







Let's begin...





Your score: 40 Your grade: A2

Analytical skills are skills required to identify and gather relevant information and to analyse this data to solve problems.

ZQ strands measured

- Computational thinking
- Forecasting and reporting skills
- Gathering and analysing data
- Identifying relevant information and data
- Knowledge integration skills
- Problem solving skills
- Research skills
- Visualisation skills

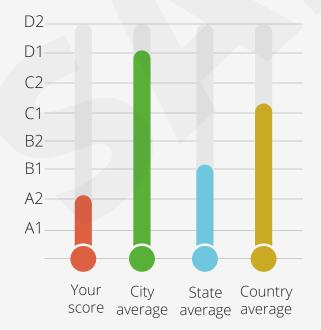
Your personalised feedback

You have a natural sense of curiosity and the growth of your analytical abilities by engaging in activities that enhance your problem-solving and critical thinking skills.

How to improve your analytical skills

When trying to solve a complex problem, break it down into small, manageable tasks. Focus on important information only and ignore irrelevant detail. Try pattern recognition and look for similarities among and within problems. Collect and analyse data, integrate knowledge and skills from your personal and academic life and approach problems in a consistent and systematic way.

Your overall performance











31





C1





Entrepreneurial Skills





Your score: 46 Your grade: A2

Entrepreneurial skills refer to a broad range of skills required to build and maintain successful projects and businesses.

ZQ strands measured

- Assertiveness and negotiation skills
- Business awareness and opportunity recognition
- Critical thinking
- Customer service
- Organisational skills
- Project management and financial skills
- Risk-taking and decision making skills
- Time management skills

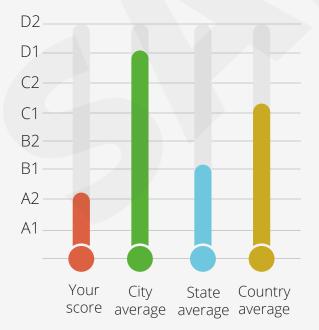
Your personalised feedback

You're competent when it comes to general entrepreneurial abilities and are eager to gain knowledge in crafting an effective business plan and establishing objectives.

How to improve your entrepreneurial skills

Track and adjust your monthly spending and make a budget. Sell your unwanted things on the market or online. Always set yourself realistic goals, make plans, weigh your options, prioritise tasks, anticipate problems and solutions, set deadlines, get a second opinion and be proactive at all times. Embrace setbacks at school, acknowledge your accomplishments and stay positive.

Your overall performance























Learning Power

Let's begin...





Your score: 71 Your grade: C1

Learning power refers to an individual's ability to learn concepts and implement them in real-life scenarios.

ZQ strands measured

- Curiosity
- Cognitive flexibility
- Collaboration
- Creativity
- Empathy
- Foresight and proactivity
- Grit
- Mindfulness
- Self-awareness

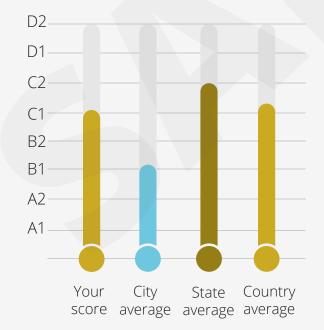
Your personalised feedback

You're competent in various skills and abilities, including adaptability, perseverance, knowledge retention, inquiry, effective study practices and time management.

How to improve your learning power

Question your assumptions and biases and put yourself in the position of others. Get regular feedback and don't shy away from being accountable. Ask questions and listen without judgement. Never take things at face value, look at problems from different angles and see learning as fun. Discover and pursue your interests, know your purpose, clarify your goals and create a plan to achieve them.

Your overall performance







A1

A2



E







Communication Skills



Your score: 62 Your grade: B2

Communication skills refer to an individual's abilities that allow them to understand and interpret the messages of others and convey information, thoughts, ideas and emotions effectively to others through various channels such as verbal, non-verbal and written means. This proficiency extends to both formal and informal settings as well as online and offline platforms.

ZQ strands measured

- Active listening skills
- Oral communication skills
- Visual communication skills
- Written communication skills
- Academic communication skills
- Presentation and public speaking skills
- Non-verbal and cross-cultural communication skills



Your personalised feedback

You can convey simple ideas and thoughts in a familiar communication style and use some academic materials and digital communication tools and platforms.

How to improve your English language skills

Read a variety of materials and analyse the writing styles, vocabulary and ideas presented to grasp different styles and perspectives. Do writing exercises and request feedback from peers, mentors and teachers. Engage in public speaking opportunities, record yourself and focus on articulation, tone, clarity, pacing and body language. Reflect on your listening habits and practise maintaining eye contact, using positive non-verbal clues, avoiding interrupting, empathising and asking clarifying questions.

Your overall performance

















B2

















Let's begin...

Your score: 54 Your grade: B1

Universal awareness refers to being aware and up-to-date with what is happening in the world on a national and global scale.

ZQ strands measured

- Cultural agility and tolerance
- Environmental awareness
- Financial awareness
- Global awareness
- Good citizenship
- Health awareness
- Legal awareness

Your personalised feedback

You understand and appreciate the importance of being open-minded and inquisitive and make an effort to stay informed about national and international matters.

How to improve your universal awareness

Read books and watch films about general knowledge related to finance, health, social issues and current affairs. Know your rights, history and traditions and volunteer for social causes. Keep a budget and track your spending. Be open-minded and tolerant. Reuse, reduce, recycle and support local businesses. Eat and sleep well, exercise regularly and address your fears, worries and issues.v

Your overall performance







1

A2

В

B2



Social Perception



Let's begin...

Social Perception refers to the impressions, opinions or inferences of others about you based on your behaviour, general physical appearance and verbal and non-verbal patterns of communication.

Your score: 37 | A1

ZQ strands measured

Performance is measured with the help of questionnaires completed by your family members, friends, teachers and tutors.

- Traits, knowledge and skill sets
- Positive online and offline presence
- Respect, trustworthiness and reliability
- Growth mindset and reputation excellence
- Authenticity and sincerity
- Impression crafting and likeability
- Optimism and positive communication
- Care, understanding and consideration



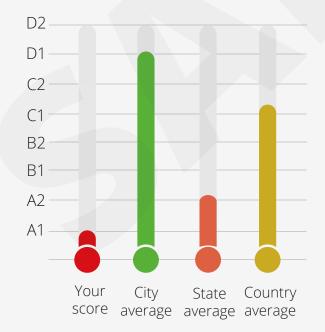
Your ZQ score is mapped to CIFR. click here

click here for details

Your personalised feedback

The observations of your peers, teachers and family members suggest your ZQ is average. It's essential to view this as constructive guidance, not as a definitive judgment of your capabilities.

Your overall performance















B2











GENERAL TIPS TO HELP YOU IMPROVE YOUR OVERALL ZQ SCORE

We're currently living in a VUCA (Volatile, Uncertain, Complex and Ambiguous) world - a world characterised by rapid change and disruption.

While core academic subjects remain important, life skills, including the knowledge, skills, competencies and attitudes individuals needs to fulfil their personal, professional, academic and social roles and potential are also becoming integral to the curriculum.

Here are some tips to help you improve your future-readiness skills:

- be creative and find new ways of doing daily tasks
- collaborate and find opportunities to work in teams
- improve your English by watching the English news and familiarise yourself with different accents
- build your portfolio and learn different skills by participating in a variety of co-curricular activities
- persevere and don't give up easily
- practise active listening
- practise empathy and try and see things from the perspective of other
- practise gratitude and be mindful and self-aware of your actions

- stay updated with the latest technology, environmental issues and geo-political situations
- sign up for an internship
- take charge and demonstrate leadership skills where required
- be proactive and take initiative
- think critically, analyse information and ask relevant questions
- be a problem-solver and find solutions to problems on your own first before seeking help
- practise budgeting on your own and with some support from your parents open a bank account

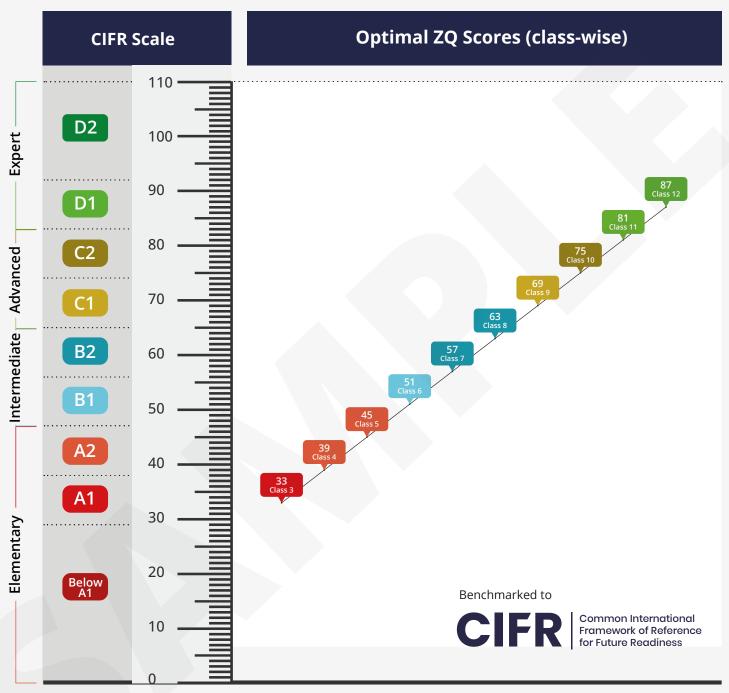
Click here for additional resources to improve your ZQ score!







CIFR Scale for Future Readiness



www.thecifr.org

