

## CPD Programme on Self-Reflection and Commitment to Excellence



### Mode of Delivery

- Online
- Face-to-face
- Blended



### Programme Duration

- 4-5 hours
- 1-2 days



Mapped to RQF, UK,  
at Level 1

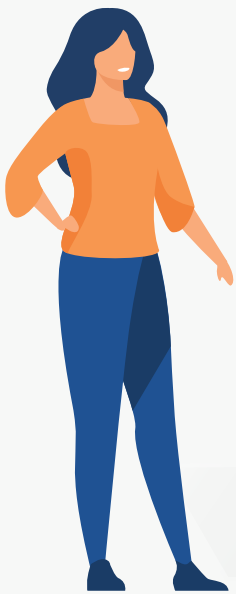


SCAN ME

## Self-Reflection and Commitment to Excellence

If you are a teacher, then you are used to working in an environment where 'change' is, paradoxically, one of the few constants. You are also used to trying to equip your students with the necessary attributes and skills to be future-ready and thrive in a knowledge-driven society while also trying to address the challenges arising from a rapidly globalising economy. You understand the importance of being adaptable and resourceful, striking a balance between fostering innovation and safeguarding your students from the potential negative aspects of a rapidly changing world. You recognise that this task requires you to be self-reflective, proactive, dedicated, committed and professional in addition to being an educator, a mentor, a role model and a moral agent. You also know that while good teachers reflect on their actions, reasons and methods in the classroom, exceptional ones not only engage in this reflective practice but also gain valuable insights from it, making necessary adjustments to enhance their performance on an ongoing basis. What you might not know, however, are the latest techniques for consistently meeting these requirements and navigating around any hindrances. By participating in this course, you will gain expertise in these methods and strategies. Completing this course will also help you meet the challenge of change in the modern classroom and become more successful, confident and forward-thinking. It will also open doors to national and international employment opportunities and provide you with a globally recognised certification.

## Programme Highlights



During this course, you will

- learn about the power and impact of self-awareness and reflection;
- consider the benefits of being a reflective teacher, committed to excellence;
- learn how to develop your self-reflective practice and meet the requirements of 'the teacher of the future';
- examine various tools for self-reflection and quality improvement;
- develop a working understanding of successfully integrating self-reflection into your own teaching;
- learn how to adopt a reflective approach as part of your commitment to upholding the standards and importance of the teaching profession;
- learn how to seek and exploit continuous professional development (CPD) opportunities.

## Faculty

This programme is developed and delivered by QAI's team of subject and assessment specialists, teacher trainers, lecturers, conference speakers and researchers.



SCAN ME

## Assessment and Certification



This programme is externally validated and certified by Qualifications and Assessments International (QAI), UK, a private international awarding, accrediting, assessing and quality assurance body.

In order to achieve the Certificate of Participation, attendees are required to fully attend the programme.

## ZQ points and Professional Development

This programme equals 40 ZQ points and contributes towards your overall ZQ score. It also contributes four hours to your continuous professional development (CPD).

For more information and registration, please visit: [www.zamit.one](http://www.zamit.one)



Duration	Session Details
50 min	Code of Values and Professional Practice <ul style="list-style-type: none"> <li>▪ Teaching and learning in the 21<sup>st</sup> century</li> <li>▪ High standards, excellence and the core values of the profession</li> <li>▪ Commitment to the profession</li> <li>▪ Commitment to learners, colleagues and others</li> <li>▪ Commitment to CPD</li> </ul>
60 min	Reflective Practice in Teaching <ul style="list-style-type: none"> <li>▪ The importance of reflection in teaching</li> <li>▪ The benefits of being a reflective teacher</li> <li>▪ The impact of reflective practices on teaching and learning</li> </ul>
60 min	Tools and Techniques <ul style="list-style-type: none"> <li>▪ Guidelines for integrating reflections into your classroom practice</li> <li>▪ Reflective diary</li> <li>▪ Self-Evaluation Forms (SEF)</li> <li>▪ Peer observations</li> <li>▪ Examples, ideas and exercises</li> </ul>
60 min	Continuous Professional Development (CPD) <ul style="list-style-type: none"> <li>▪ The advantages of CPD</li> <li>▪ Types of CPD</li> <li>▪ How to track and record your CPD</li> <li>▪ Where to find quality CPD programmes</li> </ul>
10 min	End-of-Course Quiz



SCAN ME

# Explore more CPD Programmes

Content and Language Integrated Learning (CLIL)



Implementing the NEP 2020 Recommendations in Classroom Teaching



Innovative Teaching Methods



Social-Emotional Learning (SEL) in the 21st century



Creating A Classroom of success: strategies for effective management and collaboration



Teaching Excellence And Relevance Management (TERM) analysis across 80+ parameters



## zamit®

Let's begin...

Zamit is an innovative solution that revolutionises the school ecosystem with its unique Measure, Improve, and Monitor (M-I-M) method. Powered by an advanced AI model, Zamit offers personalised improvement programmes for students and teachers and insightful impact analyses through Learner Analytics (LA).

Students benefit from a comprehensive co-curricular programme that integrates over seventy 21<sup>st</sup>-century skills in the context of curricular subjects. The ground-breaking Zamit Quotient (ZQ) surpasses traditional IQ, EQ, and SQ tests, setting the Gold Standard for future readiness.

For teachers, Zamit provides Continuous Professional Development (CPD) using its TERM framework, covering 80+ teaching and management skills. It also grants them access to an extensive Resource Vault, offering additional support to enhance their teaching.

Through The Future Foundation, Zamit supports teachers with research grants, provides scholarships to students from low-income households, and promotes integrated learning by enhancing their skills and knowledge.

In partnership with QAI, UK, Zamit awards international certifications mapped to the Regulated Qualifications Framework (RQF), England, Wales and Northern Ireland (UK's regulatory framework) and high-quality educational content from global experts.



INDIA

+91 9625 440 440



UNITED ARAB EMIRATES

+971 50 522 9732



UNITED KINGDOM

+44 208 068 1542

[www.zamit.one](http://www.zamit.one)

[connect@zamit.one](mailto:connect@zamit.one)

